

BJC Wensa

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LECH LECHAH
SHABBAT ENDS 6:59PM

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PARSHA OF THE WEEK....

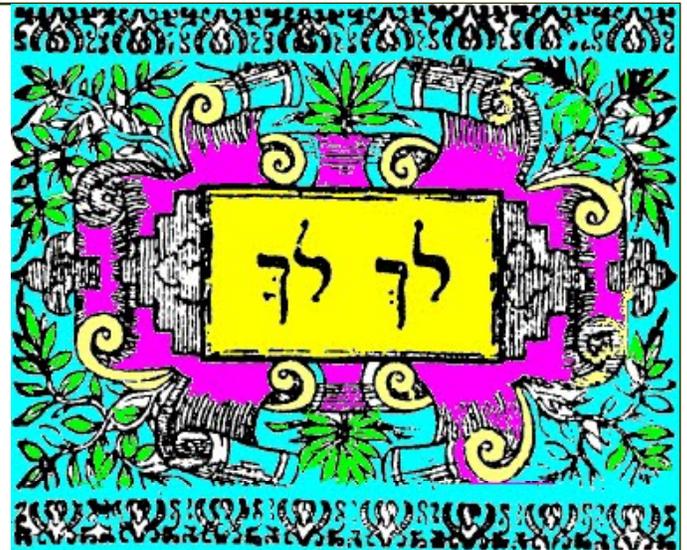
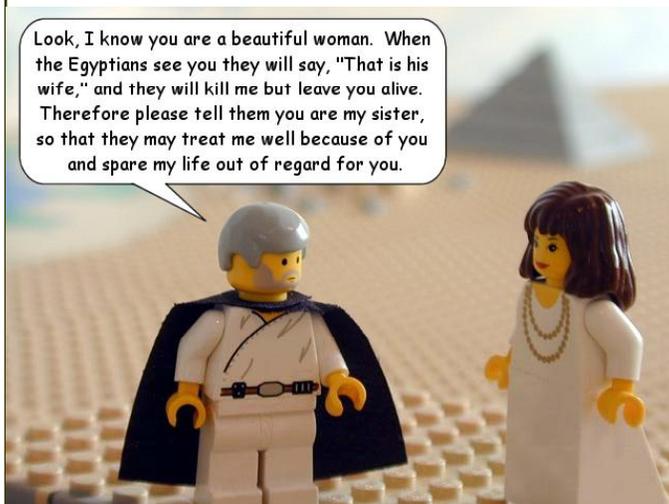
LECH LECHAH

G-d speaks to Abram, commanding him, “Go from your land, from your birthplace and from your father’s house, to the land which I will show you.” There, G-d says, he will be made into a great nation. Abram and his wife, Sarai, accompanied by his nephew Lot, journey to the land of Canaan, where Abram builds an altar and continues to spread the message of a one G-d.

A famine forces the first Jew to depart for Egypt, where beautiful Sarai is taken to Pharaoh’s palace; Abram escapes death because they present themselves as brother and sister. A plague prevents the Egyptian king from touching her, and convinces him to return her to Abram and to compensate the brother-revealed-as-husband with gold, silver and cattle.

Back in the land of Canaan, Lot separates from Abram and settles in the evil city of Sodom, where he falls captive when the mighty armies of Chedorlaomer and his three allies conquer the five cities of the Sodom Valley. Abram sets out with a small band to rescue his nephew, defeats the four kings, and is blessed by Malki-Zedek the king of Salem (Jerusalem).

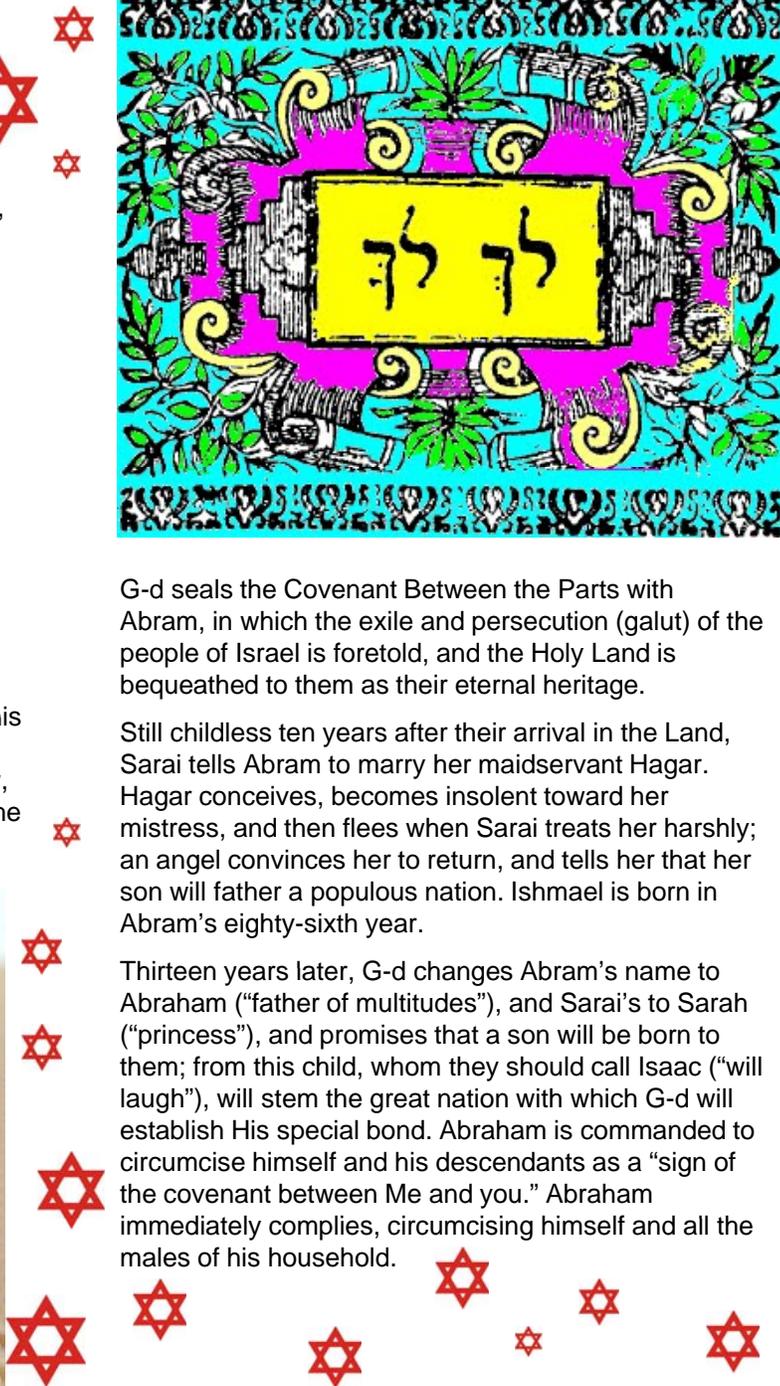
Look, I know you are a beautiful woman. When the Egyptians see you they will say, “That is his wife,” and they will kill me but leave you alive. Therefore please tell them you are my sister, so that they may treat me well because of you and spare my life out of regard for you.



G-d seals the Covenant Between the Parts with Abram, in which the exile and persecution (galut) of the people of Israel is foretold, and the Holy Land is bequeathed to them as their eternal heritage.

Still childless ten years after their arrival in the Land, Sarai tells Abram to marry her maidservant Hagar. Hagar conceives, becomes insolent toward her mistress, and then flees when Sarai treats her harshly; an angel convinces her to return, and tells her that her son will father a populous nation. Ishmael is born in Abram’s eighty-sixth year.

Thirteen years later, G-d changes Abram’s name to Abraham (“father of multitudes”), and Sarai’s to Sarah (“princess”), and promises that a son will be born to them; from this child, whom they should call Isaac (“will laugh”), will stem the great nation with which G-d will establish His special bond. Abraham is commanded to circumcise himself and his descendants as a “sign of the covenant between Me and you.” Abraham immediately complies, circumcising himself and all the males of his household.



AMAZING PICTURES OF THE WORLD...



Vegetable House



Bottle Boat

Real love is not based on romance, candle light dinner and walks along the beach. In fact, is based on respect, compromise, care and trust.



Carved in mountain



Made with matches

“The best and most beautiful things in the world cannot be seen or even touched - they must be felt with the heart.”

—Helen Keller

Once you bring life into the world, you must protect it. We must protect it by changing the world.

—Elie Wiesel

Good actions give strength to ourselves and inspire good actions in others.

—Plato

Egg and meat fritters

Beith b'Laham



Serves 4

250g minced meat or chicken
1 small onion, very finely chopped
5 eggs
2 medium potatoes, finely diced or grated
1 bunch spring onions, very finely chopped
5 tablespoons finely chopped flat parsley
½ teaspoon ground cumin
1 teaspoon curry powder
1 tablespoon olive oil
Sunflower oil for frying
1 teaspoon salt
Pepper to taste

This is a light dish which is very popular with my family. The traditional recipe calls for fried meat fritters but, to save time, you can cook it as one large omelette or tortilla, and slice it as a cake when serving. If you are not a meat lover, soya mince can be substituted.

Steam the diced or grated potatoes until soft. This should take about 10 to 15 minutes. Transfer to a dish, season with salt and pepper and set aside to cool.

Season the meat with the cumin, curry powder, salt and pepper and mix in 1 tablespoon of olive oil.

Beat the eggs in a large bowl and mix in the rest of the ingredients. The mixture should be soft but not watery. The eggs act as a binder, holding all the ingredients together. You can add another egg if necessary.

In a large frying pan, heat 2 tablespoons of oil. Drop a tablespoonful of the mixture into the hot oil, lower the heat to medium-low and lightly flatten the mixture with the back of a spoon. Cook each side until golden brown. Cook in batches, a few at a time, transferring on to kitchen towel to absorb the excess oil.

Serve with a tomato or cucumber salad and some pickles.

Variation 1: You can substitute soya mince instead of the meat. There is a brand called Quorn which you can use straight from the packet. If that is unavailable use dried soya mince. Soak the soya in water for about 20 minutes. Squeeze out all the water, season, and cook as above.

Variation 2: This is a quicker version which also uses less oil. It can be served hot or cold and cut into triangles like a cake. Heat a little oil in a large frying pan (about 23cm). Pour in the egg mixture and cook covered on medium-low heat until the bottom has set and turned golden brown. Then, place under the grill to cook the top.

HOW OLD IS GRANDMA?

One evening a grandson was talking to his grandmother about current events.

The grandson asked his grandmother what she thought about the shootings at schools, the computer age, and just things in general.. The Grandmother replied, "Well, let me think a minute, I was born before:

- ⌘ television
- ⌘ penicillin
- ⌘ polio shots
- ⌘ frozen foods
- ⌘ Xerox
- ⌘ contact lenses
- ⌘ Frisbees and
- ⌘ the pill

There were no:

- ⌘ credit cards
- ⌘ laser beams or
- ⌘ ball-point pens

Man had not invented:

- ⌘ pantyhose
- ⌘ air conditioners
- ⌘ dishwashers
- ⌘ clothes dryers
- ⌘ and the clothes were hung out to dry in the fresh air and
- ⌘ man hadn't yet walked on the moon

Your Grandfather and I got married first, And then lived together.. Until I was 25, I called every man older than me, "Sir". Our lives were governed by the Ten Commandments, good judgment, and common sense.

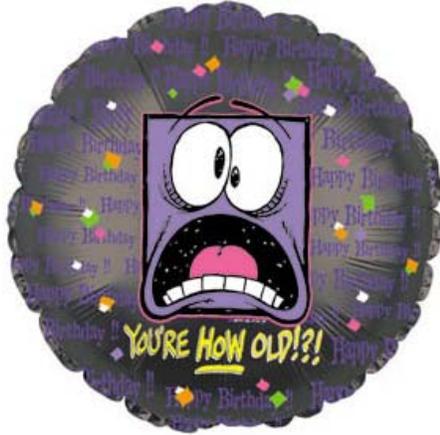
We were taught to know the difference between right and wrong and to stand up and take responsibility for our actions. Time-sharing meant time the family spent together in the evenings and weekends-not purchasing condominiums.

If you saw anything with 'Made in Japan ' on it, it was junk. Pizza Hut, McDonald's, and instant coffee were unheard of. Ice-cream cones, phone calls, and a Pepsi were all a nickel. A nickel covered stamps to mail 1 letter and 2 postcards. A Chevy Coupe was \$600. But who could afford one? Too bad, because gas was 11 cents a gallon.

In my day:

- ⌘ "grass" was mowed,
- ⌘ "coke" was a cold drink,
- ⌘ "pot" was something your mother cooked in and
- ⌘ "rock music" was your grandmother's lullaby.
- ⌘ "Aids" were helpers in the Principal's office,
- ⌘ " chip" meant a piece of wood,
- ⌘ "hardware" was found in a hardware store and
- ⌘ "software" wasn't even a word.

We believed that a lady needed a husband to have a baby. No wonder people call us "old and confused" and say there is a generation gap. How old do you think I am? I bet you have this old lady in mind....you are in for a shock! Pretty scary if you think about it and pretty sad at the same time. This woman would be only 64 years old.



Bagels From Benny

Benny adores helping out his Grandpa at the bagel bakery, the best in town. The young Jewish boy loves his grandfather's bagels so much, he wants to thank God for them. But how? One morning, he asks his Grandpa if he could pay him for his work with a big bag of bagels. So equipped, he heads for the synagogue, takes a deep breath, opens the big wooden cupboard that is the Holy Ark, and places the steaming bag inside: "King of the Universe," he whispered. "I brought You some bagels. I know You make them. But You never taste them, because Grandpa sells every last one." Benny keeps this up week after week until he discovers, to his dismay, that a poor man in a tattered coat has been eating his bagels, and not God. How will God know he is thanking Him if someone else is eating the bagels? Grandpa reassures him that by making the world better, he is indeed thanking God. This simple, touching Jewish folktale from Spain transcends Judaism as a story of human kindness and generosity of spirit that will resonate with all children.

-Bagels From Benny is a children's book by Audrey Davis



Twenty Dollars

A Jewish boy asks his father for twenty dollars. His father replied, "ten dollars, what in the world do you need five dollars for, I'd be happy to give you a dollar, here's a quarter."

Q: In the Jewish doctrine, when does a fetus become a human?

A: When it graduates from medical school.

Q: Why do Jews have big noses?

A: Because the air is free.

Q: Define: Genius

A: A "C" student with a Jewish mother.



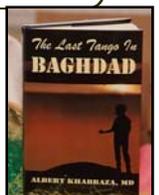
"How wonderful it is that nobody need wait a single moment before starting to improve the world."

—Anne Frank

The Last Tango in Baghdad

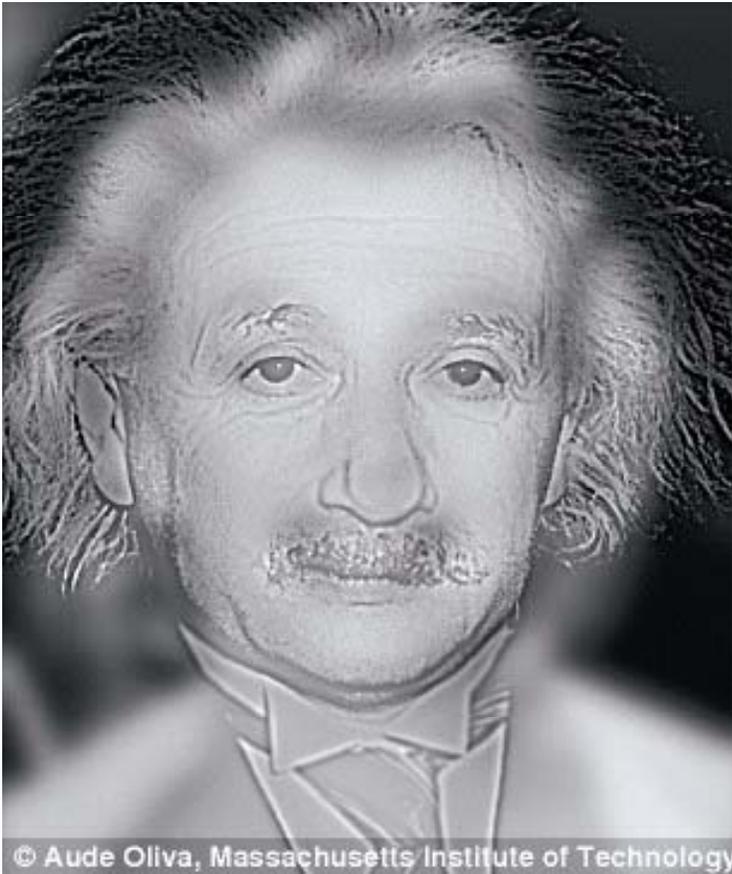
by Dr. Albert Khabbaza is available at all online booksellers. For more info visit:

www.khabbaza.com



OPTICAL ILLUSIONS...

This image looks like physicist Albert Einstein. However, move a few feet away from the screen and suddenly it'll transform into Marilyn Monroe.



EINSTEIN

This amazing image looks like physicist Albert Einstein. However, move a few feet away from the screen and suddenly it'll transform into Marilyn Monroe. The work of Aude Oliva and her colleagues at the Massachusetts Institute of Technology, the illusion was created in three steps.

First, the researchers obtained a photograph of Marilyn Monroe and removed the fine-grained facial features, such as any wrinkles or other blemishes.

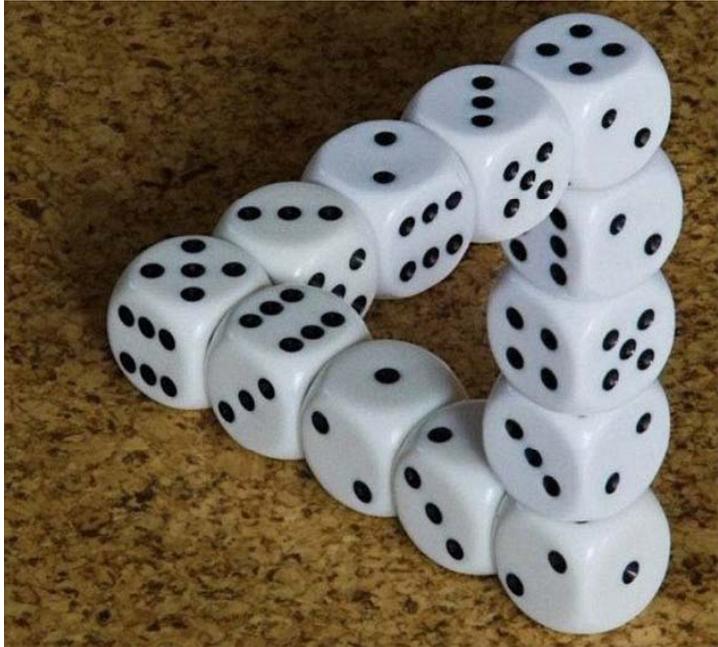
Second, they obtained a photograph of Albert Einstein and removed the more coarse features, such as the shape of the mouth or nose.

Finally, the two images were superimposed on top of one another. Because the fine-grained features are visible close up, the image looks like Albert Einstein when you're just a few inches away from the page. However, move a few feet away and suddenly only the coarse features are visible, magically transforming the image into Marilyn Monroe

The dice appear to form an impossible triangle. If the position of the camera was to shift slightly, you would see that in reality the 'triangle' is actually created by three lines of dice arranged in the shape of the letter 'Z'.

IMPOSSIBLE TRIANGLE

The dice appear to form an impossible triangle. Your eyes and brain are fooled because they assume that all of the corners of the triangle are touching one another. In reality, the photograph has been taken from a very specific angle. If the position of the camera was to shift slightly, you would see that in reality the 'triangle' is actually created by three lines of dice arranged in the shape of the letter 'Z'. As such, one of the 'corners' in the photograph actually consists of two ends that are a very long way apart. This idea is based on a drawing of an impossible triangle originally created by physicist Roger Penrose in 1954.



Interesting...

Contributed by Mirra Zara

Written by: Israeli humorist: Efraim Kishon

Israel is the only country in the world where patients visiting physicians end up giving the doctor advice.

Israel is the only country in the world where no one has a foreign accent because everyone has a foreign accent.

Israel is the only country in the world where the leading writers in the country take buses.

Israel is the only country in the world where people cuss using dirty words in Russian or Arabic because Hebrew has never developed them.

Israel is the only country in the world that has a National Book Week, during which almost everyone attends a book fair and buys books.

Israel is the only country in the world where no one cares what rules say when an important goal can be achieved by bending them.

Israel is the only country in the world where reservists are bossed around and commanded by officers, male and female, younger than their own children.

Israel is the only country in the world where "small talk" consists of loud, angry debate over politics and religion.

Israel is the only country in the world where bank robbers kiss the mezuzah as they leave with their loot.

Israel is one of the few countries in the world that truly likes and admires the United States.

Israel is the only country in the world where everyone on a flight gets to know one another before the plane lands. In many cases, they even get to know the pilot and all about his health or marital problems.

Israel is the only country in the world where the coffee is already so good that Starbucks went bankrupt trying to break into the local market.

Israel is a country surrounded on all sides by enemies, but the people's headaches are caused by the neighbors upstairs.

Israel is the only country in the world where people read English, write Hebrew, and joke in Yiddish.

FAMILY SHABBAT DATES:

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 JAN. 25, 2014
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